Allianz Global Assistance

The Essential Packing Checklist for Traveling with an Infant in the Car

What To Keep in the Front Seat while Traveling with Baby

These are the supplies you'll want to keep close at hand when you're driving.

| □ Diapers: Have one for each hour of transit, plus extras, BabyCenter recommends. □ Wipes for diaper changes and messes |
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| □ Diaper cream |
| □ Washable changing pad |
| □ Plastic bags for wet or dirty clothes and diapers |
| □ Burp cloths |
| □ Nursing cover |
| □ Blankets |
| □ Two changes of clothes for your baby |
| □ Change of clothes for yourself |
| □ Pacifiers |
| □ Any special toy or lovey |
| □ Drinks such as bottled water and juice |
| □ Snacks, such as cereal, puffs, crackers and fruit pouches. If you have a young baby, |
| never give her foods she could choke on while you're traveling in the car. |
| □ Breast milk or formula |
| □ Canned or jarred baby food |
| □ Small cooler with ice packs |
| □ Bottles |
| □ First-aid kit |
| □ A window sun shade |
| □ A safety mirror so you can see your baby |
| □ A stack of small board books |
| □ A grab bag of toys (make sure none are choking hazards) |
| □ DVD player or tablet with headphones, if baby will be entertained by an app or a TV show |



Everything Else To Pack in the Car when Traveling with Baby

| □ Umbrella stroller and/or full-size stroller |
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| Backpack carrier Pack-and-play or travel crib (unless your destination provides one) and sheets |
| □ Baby monitor and batteries |
| □ Diapers: Calculate how many your baby uses per day, then pack a few extra. |
| □ Wipes |
| □ Rain and cold-weather gear (if applicable) |
| □ At least two outfits per day with socks, packed in individual bags |
| □ Shoes or booties |
| □ Pajamas and sleep sacks |
| □ Swimsuit and sunsuit |
| □ Water shoes |
| □ Swim diapers |
| □ Baby laundry detergent |
| □ Formula |
| □ Baby food |
| □ Baby fork, spoon and dishes |
| □ Spill-proof snack cups |
| □ Bottles or sippy cups |
| □ Breast pump, if you use one |
| □ Bibs |
| □ Dish soap and brush |
| □ Inflatable baby bathtub, if you're flying with an infant so young he/she needs one. |
| Otherwise use the hotel sink. |
| □ Baby shampoo/wash |
| □ Baby toothbrush and toothpaste |
| □ Baby comb, brush and hair ties |
| □ Baby nail clippers |
| □ Baby thermometer |
| □ Sunscreen and sunhat |
| □ Baby sunglasses |
| □ Outlet plugs, doorknob covers, toilet locks and other safety devices for crawling babies or |
| young toddlers |
| □ Nightlight |
| □ Infant medications, including antihistamine and acetaminophen, plus any prescriptions. |
| Don't give your baby Benadryl or another antihistamine unless your pediatrician |
| recommends it.2 |
| □ Oral rehydration unfrozen freeze pops: an essential, says Have Baby Will Travel |
| □ Nasal aspirator and saline solution |

